GEORGIAN NEWSLETTER THE GEORGIAN CHURCH JUNE 1984
1908 VERDE STREET
BAKERSFIELD, CAL. 93304
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BAKERSFIELD - Things generally go pretty well here. However, you readers did make it rough on us this month. The mail usually gets lighter in the spring & summer...but this month has been ridiculous. Few articles, very little mail. Just because I've been sick doesn't mean we stop publication. Usually, page 1 is the last thing I write but today is May 28 and I still need to find material for five more pages.
I've noticed a difference here, too. Less help than usual. People staying away in bunches. I guess when you have a health problem people avoid you even though the problem isn't contagious.

Health report - your editor is feeling better most of the time. The doctor is pleased with the reduced swelling, and my voice is much nearer to normal...at least people can understand what I say. So there has been a lot of improvement but a long way to go so I'm still getting radiation treatment 5 days a week.
I have also been drinking an herb tea, Pau D'Arco (Pow Darco) made from the inner bark of a tree. The Cancer News Journal, Spring '82 issue, had a long article on this herb with a long list of things that it has cured including cancer. Wonder if any of you have had experience with this herb.

Dagda (So. Cal.) and I have always enjoyed getting together for long discussions whenever we could...maybe several times a year. However, it has been quite awhile what with both of us being very busy and having health problems. Those of you who know Dagda know that he is always very active and very busy, but he has really been having some health problems (we do get to talk by phone). I'm sure he wouldn't mind if you sent along some healing energy his way.

So, come on you guys, let's get busy with the typewriters. Just because it's vacation time is no reason to take a vacation from the Craft. If you don't keep the articles and letters coming, we'll either have to cut back on the number of pages or fill them with stuff from U.P.I. We've been consistently 35 pages for quite awhile. Do you want to change now?

Recently bought the book THE WAY OF THE SHAMAN by Michael Harner, but having a problem finding enough time to read more than a few pages at a time. Find it very interesting so far.

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Give a husband a bed that is comfortable, food that's hot, a flagon of ale beside the fire, let him talk about himself - and he'll love you forever. (Old Hungarian Proverb).

The main difference between genius and stupidity is that genius has its limits.

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From John in Wisconsin

Dear Pat: Was sorry to hear about what you got. But I have some information that may be of some help to you. According to the Edgar Case readings consuming 3 almonds a day is supposed to help in preventing & curing cancer. Also there are some American Indian tribes that believe that cranberries are a cure for concer. So, you can give these a try if you want.

I have prepared some talismans that may be of some help to you in this; I have sent some energy your way, & will continue to do so until I hear that you are better.

Love and Blessed Be!
John

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ED. NOTE: John, thank you for the talismans, energy and suggestions. You will notice that I omitted the second part of your letter. I know you meant well but...I don't think it is necessary to "yell" at Crafters to get them to help. In fact, I have been most pleased with the letters and phone calls from so many places telling me of the various individuals and groups that are working on my problem. Even a phone call from Lord John in West Australia telling the date and time that the people in Australia would be working for me. Certainly no one has more loyal or powerful friends than one who has friends in the Craft.
There is still a long way to go as I write this (May 18), but already there are signs of progress. Just two weeks after start of treatment, the doctor was surprised to observe a reduction in the swelling. And now, 3 weeks after, everyone telling me how much better my voice sounds....not normal yet but at least they can understand what I'm saying.

Lady Fauna (Long Beach) has offered to come and stay with the dogs for a few days if I have to go back in the hospital. My daughter, Patti, called from Florida, and my sister called from Maryland... both offering that I come and stay with them or they'd come here to take care of me.
The people I work for kept telling me to just stay home and rest. I did that for 3 days and was climbing the walls so I went back to work about a half day.
George M., the production man at the ststion, has been coming in 2 hours earlier each day to record a weather forecast and a 5 minute news segment for each of my programs. That way I've been able to do the 2½ hours of farm news each day without saying a word. As I've mentioned, I have lots of taped news and phone recorded news stories. It comes out much like watching a TV news with all the film stories but no anchor man.
So, you see, I've not been deserted. A very big THANK YOU to everyone for all your efforts.

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From Tiffany St. Moonstar

POSEIDON'S CHILDE

I dreamed a dream
upon the sea...

Of soft shell pillows and seaweed gowns...

And on the coral
I
danced...

A mermaid song

to honor Poseidon's Childe

So green and gold and magickally marked
with symbol
with rune
with rite...

Entwined in his arms I knew peace...

For I had come home...

And thunder
was
my
answer.

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From UPI

The government of Kenya is going to start jailing cows.
The Kenyan News Agency says a government official has ordered the detention of stray cows found loitering in urban areas and obstructing the flow of traffic.
The official says "cows found loitering" will be held in a government cattle pen for as long as three days.
He says they will only be released once the owner explains to authorities how he intends to control his cows in the future.
The official explains the detention order is necessary because there's an increase in the number of stray cattle wandering around intersections and disturbing sidewalk pedestrian traffic.

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DIDJAKNOW?
New York state passed the first law requiring dogs to be licensed, on March 8th, 1894. The statute provided for the "Better protection of lost and stray animals and for the rights of owners".

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Continuation from Black Hart Circle
c/o POB 9494, San Jose, CA 95157

One of the major concerns the writers of the article expressed about Feminist Witchcraft was its concern with issues of power and the reclaiming of power.

When feminist witches say that the Craft is a means for women to reclaim their power, they generally mean to reclaim the idea and the image of the power of the Feminine. They want to regain personal power in their lives through identification and exploration with the images of feminine power which the Craft offers.

That power needs to be reclaimed because women in patriarchal society have been disempowered virtually from birth. Women are taught to see themselves as powerless, and to derive their strenght from identification with, and subordination to, men and "male" values, accepting a subordinate place in the rigid heirarchy of patriarchy. That place is defined by the patriarchal image of woman as intuitive, emotional, and nurturing. The place assigned by patriarchal society to women is figuratively behind and to the left of men: wife and mother, homemaker, helpmate and permanent second fiddle. It is revealing and disturbing how frequently just those qualities are the focus of the view of women in some branches of the Craft.

Not, understand, that these qualities -- or even necessarily these roles -- are in themselves undesirable or demeaning! On the contrary, they are qualities that women and men must develop as fully as possible if they are to be whole. However the qualities of strength, courage, and intellect are likewise valuable to women - and to men.

The authors of the article seem to think that feminist Witches are exclusively focused on power, because the reclaiming of power is such an issue among feminists. The use of the word "power" in the feminist community generally has a primarily psychological meaning. Certainly the power feminism sees individual women as needing to reclaim is twofold: first, power over their own lives (often on a very basic material level -- shelters for battered woman are always full to overflowing), and secondly and closely relatedly, a sense of the inherent power of the female.

The traditional patriarchal view of women is that they are in effect a special class of children, who must always live under the protection, guidance, and control of a man: father, husband, guardian, or son. The power that is being reclaimed is not power over others, but power that is always inherent in the individual: the power of full adulthood. It is power which women have, under patriarchy, been coerced into abandoning, power which virtually every male reading these words takes for granted.

We are disturbed by the article's emphasis on the "Love and Compassion" of Aradia and the "Wisdom" of "Kernunnos, Lord of Death." Why not the Wisdom of the Goddess and the Love and Compassion of Kernunnos? Does that not seem suspiciously like

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Black Hart - cont'd.

"It is the nature of woman to be loving and supportive and the nature of man to be the wise powerful provider?" We find the deification into God and Goddess of the gender stereotype roles assigned by Christian patriarchal society to men and women to be offensive. We sincerely hope and Trust that that is not what is meant by the authors of the article.

The article speaks of the rediscovery of the Goddess in all women: that is a part of the reclaiming of the power of the female which feminist Witchcraft is concerned. What about, however, the rediscovery of the Goddess in all men, and the rediscovery of the God in women?

We wish to make it clear that while our basic stance is wupportive of the feminist Craft, we are Traditionalist Witches. The values of traditional Witchcraft are on the whole "feminist" values, but the religion is NOT subservient to politics. It is rather the integral framework of an entire world-view. A real Witch's religion does not proceed from her politics; rather, both proceed from her experience, and are part and parcel of that experience.

Blessed Be,

Black Hart Circle

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FROM THE KITCHEN WITCH:

CHICKEN CUTLET CAPER
(makes one -- increase recipe for each person)
Place 1 large boned and skinned chi ken breast between two pieces of waxed paper and pound until flat and about 1/4 inch thick. Place 1 slice boiled or baked ham and 1 slice cheese (swiss or cheddar) on top of chicken. Roll up like jelly roll.
Dip into egg wash, then into corn flake crumbs, pressing into the crumbs to make them stick.
Brown slowly on all sides (in Butter) until done. (20-25 minutes)
Remove from skillet, add 1 tsp lemon juice and 1 tsp white wine to juices, boil and scrape pan, pour over cutlets. Serve.

MINESTRONE (Italian Vegetable Soup)

Soak 1 cup dried beans in cold water for ten hours. Add 1 1/2 quarts water, simmer until tender, adding water as necessary.
Sautee 1 1/2 tbsp chopped onion, 1 stalk chopped celery, 1 clove garlic, 2 tbsp chopped parsley, in 1/4 cup oil until brown.
Add to beans. Then add 1 cup tomato pulp and 1 cup chopped cabbage, salt and pepper to taste. Add 1 cup cooked macaroni.
Simmer 30 minutes.
Great served with grated parmesean cheese!

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Being a witch is . . . explaining to your cowan husband "The Great Rite"!
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FROM THE U.S.D.A.

The best time to harvest herbs is just before the flowers fully open. That's supposed to be the time when herbs are at their flavor best. The U.S. Department of Agriculture sends along these suggestions for drying herbs. Cut the stems or stalks and separate them into small bunches. Tie with a string hang in a warms, dry dark place such as an attic or vacant room, until the leaves are crisp and brittle. In summer this takes from three to ten days. Strip the leaves and put as whole as possible into a jar with a tight lid. Check in a few days to be sure the berbs are perfectly dry so that mold or mildew won't develop. Keep the leaves as whole as possible to preserve the flavor. Crumble them when you're ready to use them. If you're drying only the leaves, spread them thinly on newspaper in a warm, dry place until crispy dry, then store in jars. Basil, parsley and chives sometime turn very dark if air dried, so lay the stems of these on brown paper and put into an oven at 150 degrees F. or less. Leave the oven door open to allow moisture to escape. This method takes several hours. The quickest way to dry herbs is in a microwave oven. Place sprigs on a paper towel and cover with a paper towel. Put into the oven for one minute. Take out of oven and cool. If not completely dry, put back into the oven, for a few seconds. When crumbly, store in jars. Basil, sage, parsley, mints and oregano especially retain their green colors when dried this way.

Everybody knows about the Pilgrims landing in 1620. But do you know who landed in the Colony of Virginia early in 1622? Honey bees; that's who. The honey bee colonies came from England. By 1830, honey bees from Russia settled in Alaska and California. Some bees traveled west overland, while others went by ship to Panama, by land across the Isthmus, then by ship to California. Italian bees came in the 1850's. Today in the United States, according to the U.S. Department of Agriculture, about 200,000 people keep almost 5 million colonies and produce around 200 to 250 million pounds of honey annually. But that's not the main job of the honey bee. Its main job is pollination. The annual value of crops benefited by insect pollination exceeds 10 billion dollars. To help protect this valuable citizen, be careful with pesticides. If you must use chemicals to control pests in your yard and garden, use them at night or during morning hours before the bees drop in for a visit. Do not spray or dust plants in bloom that bees like to visit.

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From U.P.I. A group of rafters scouting southern Oregon's Owyhee River Canyon decided to try eating the root of a wild plant growing at riverside.
The plant turned out to be water Hemlock.
One of the guides died, and others in the group who ate the root waited terrified, to see which of them would be the next to suffer the violent and deadly seizures. 22 year old Kennth Kromer of Beaverton, Oregon, picked the roots Monday and ate more then the others, offering bites to everybody. The poison killed him and another man went into seizures. Four other rafters felt lethargic and queasy. Water hemlock is often called wild parsnip and resembles the parsnip you buy at the grocery store.

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Howdy Pat & All The Georgians;

I have not received the May issue of the newsletter. The date is the 14th. If you sent it - and I assume you did - then it has been intercepted. Apparently then my address is not secure. It doesn't matter whether it's some nosy mailman or other Fed. It could even be one of my neighbors. In any case, if you sent it, my mail is not secure. So please cancel my subscription to the newsletter and credit the balance in my account to the other person in this town that receives the newsletter. Or should this be inconvenient, buy a bottle and have a party.

It is unfortunate that I feel it necessary to take such a precaution. Besides being murder capitol USA, this is one of the most censored places I have ever lived. There was a real live Falwell type fired from the local library who used to cart boxes of books off to destruction every night, greatly hampering my research.
Also, the local book moguls refuse to allow any Craft literature to come into town through their bookstores.
Well, anyway, that's about it. I'll be able to share with your other local subscriber and still enjoy.

Love and Blessings
John in Texas

P.S. Pat, we of T.C.P. (Phoenix) here this full moon circle - summon and send comfort & healing -
Auwreia & Chrnosos Mom & Dad send their love.

ED. NOTE: Sorry about the newsletter. Other subscription extended. Must be hell to live in an area of such bigots.

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JEANNE of Blue Moon sez: I felt pretty bad when I read that your illness was more serious than any had imagined. We're getting our big magic together here at Blue Moon so you'll be your old self again soon. I also contacted my friends in Buffalo and we'll be working with them, too, via our feeble brain waves, and later in June in person.
The weather is finally getting better in New England. Pretty soon it'll be Market Square Day, a big day here in Portsmouth (28,000 pop) There's a big running contest that day, and the T-shirt design Harry submitted for the shirts that are given away at the run - WON! He won a $50. gift certificate at a local store. He can finally get some new duds in which to strut his stuff.
It's about 6 A.M. and Mickey is dashing about so I'll notice him and open some 9 Lives. Sometimes he is such a pest.
Hey, Pat, I'll be keeping in touch. Please get well soon.

Love, Jeanne

Beautiful Pagan T-shirts. Blue Moon, POB 4413, Portsmouth, N.H. 03801.

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WORDS OF WISDOM

A person's burdens seem lighter while he's helping someone else.

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JIM in Winchester sez: this has been a busy month for Paganism here in Riverside County. Some nice response to the discussion group and have met several very nice people.
There was a nice article by a reporter friend of mine on a Pagan group that has started at the University of California-Riverside campus, and they have been officially recognized by the college.
This has been a busy month for visitors to our out of the way spot. My father was here on his way back from Greece & Egypt.
Am looking forward to seeing old friends at the Mountain Meet in June. It is always good to see so many different traditions each year enjoying the Goddess gifts and beauty in the outdoors.
We are finally starting to get several groups started in this area and contacts have tripled just this year with some very sincere people.

Jim

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FAERIE FOLK NEWSLETTER, sub $5. yr. or double stamped long envelope for sample copy. Checks to Mary Santangelo, address Lady Ellonwy, POB 100585, Ft. Lauderdale, Fla. 33310.

Eigth Annual Pan Pagan Festival sponsored by the Midwest Pagan Council, August 9-12 at Union Pier, near western Michigan. For info or registration write: Calumet Pagan Council, 1519 Kenilworth, Calumet City, Ill. 60409. Attn: Janel Clarke.

Coveyne Dolphin June mountain meet. For info write: Mountain Meet, 8180 Pioneer Drive, Bakersfield, Cal. 93306, or call Shirley at 805-366-5972.

Pacific Circle 4, June 15-17. $10. per person, $17.50 per couple... (that was before May 1...) write for current rate. Checks to Julie Meyer...Pacific Circle, POB 9971, Glendale, Cal. 91206. For info call: Ian 818-765-5398 or Chris 818-896-1769.

WItches Annual $4.50. Arcane Crafts, POB 383, Mastic Beach, N.Y. 11951.

Various things on various dates at Magickal Childe, 35 West 19th, N.Y., N.Y. 10011.

DRAGONSMOKE...annual edited by Tiffany St. Moonstar. Limited edition of 500 copies at $13. including postage. Check or M.O. to Tiffany St. Moonstar, POB 65, Mt. View, Cal. 94042.

GEORGIAN NEWSLETTER $6. yr. in U.S. $12. foreign surface mail, $24. foreign air mail. Sorry the foreign air mail is so expensive but it costs us $24.96 just for postage.

DIDJA KNOW????
The first Olympic Games held in the U.S. took place in St. Louis, Missouri 80 years ago.

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Dearest Pat..

Love ya..Feel free to use this letter or parts of it. I'm not meaning to be or even sound petty, but feel that some of the record needs to be set straight. Perhaps coming into my Crone stage of personal development has made me less tolerant of half-truths in Craft Community interaction, not to mention becoming a bit weary of derogatory statements directed toward me or any other High Priestess who is merely trying to do the difficult job which we each accept when we take on that Chain of Obligation. So..whichever it is...here it is:

Regarding the letter from Mike & Linda in Texas, there are some factors which beg clarification. One: The High Priestess they refer to as "stealing" their members is probably myself. They do not explain that they invited those who were involved in their Friday Night Discussion Group to attend our (then open) New Moon Rites. After several of these had attended a few, they asked to study with the coven, just as Mike & Linda had. They were given an answer within one moon, but in no way was it ever stated that becoming a student of the coven precluded their continuing to be part of the discussion group. If their group was to be considered a coven at that time, they were certainly less-than-honest with me and our group.

Because of the frequent lies, creating dissension within the coven group and an obvious difference in pathways, we asked them to leave our group. At that time, they had received neither Wiccan or Magickal initiations of any kind from our coven. They REFUSED to share the Rite Of Parting With Love and rejected the gifts the coven had for the. (You published that rite about 2 years ago, shortly after.)

They fail to mention that the "blind girl they helped to form her own group" is a young priestess who initiated them when at least 3 other covens or temples in the area had refused to do so, and two of those had asked them to leave. The third asked for a commitment and they declined. (THREE DIFFERENT TRADITIONS).

Butter wouldn't melt in their mouth and they are sweet as honey around a group leader until they are away from him or her. The oily acid and vitriol which appears then is not something I want as a part of my diet, spiritual or otherwise! I have no use for hypocrisy in a ny form other than the subtle alteration of words etc., which we of the Craft must use with the outside world for our own defense.

There is a list, and their names are on it. I requested that it be placed there. It is a Watch List...not a black list. All names on it are those who have created problems for one or more covens or Craft leaders in the Community. It does not preclude membership in any coven...it merely means that the leaders will be cautious and examine those prospective candidates very carefully.

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Incidentally, the young Priestess who initiated them called me to discuss them with me. I answered her honestly from my experience. This is the same thing I would have done had Mike & Linda been truthful with me and let me know that they considered their "discussion" group a coven.

If we cannot have honesty within the Craft...then where is it going to come from? It certainly will not have the world-at-large as a source. Of course, those who cannot, for whatever reason, be honest with themselves...will always have a problem being honest with others, regardless of whether they are Craft or otherwise.

Forgive me, if needed, Pat and other Georgians, but I have heard these comments 2nd, 3rd, and nth hand for a couple of years. I am tired of them. For too long, I have just smiled and ignored them, because I knew the truth. But there comes a time when one has to speak up--and I suppose I finally reached it. I had to speak against the implications in the letter sent by Mike and Linda--even though no names were mentioned. After all, we haven't had that many High Priestesses from Dallas contributing to the Georgian...and half-truths can be just as damaging as open full ones.
Besides, you know me and my attitude about the integrity of the Craft and the responsibility each of us holds to protect that honor and ethic.
I will close with the same statement I consistently give my students when situations such as this arise;

Listen to all that is said, and file it away under unresolved or unproven until such time as you meet the person or people involved. At that time, you get to know the person(s) and evaluate what they are, in your own experience. Consider all that you may have heard, and then accept or reject that which you have filed away. You must make your own decision. Under no circumstances are you to take what may hea personal dislike or personality conflict I, or any other person, may have had with a particular person and accept it as your attitude and relationship until you have met the person and determined your relationship with them for yourself. Sometimes the comments you may have heard and filed away are bourne out...and can be moved from the unproven file to the confirmed section. More times than not, however, you will find that there is no support for the derogatory statements you received...that they came from a disgruntled person who cannot integrate his or her own beingness to productivity, and thus resent those who have done so and are doing something positive in their attitude, actions, and example. Listen and remember, but also wait--and know for yourself. Then, and only then, can you be sure of what you know.

May the music of the wind in the trees echo the Lady's joy and laughter.
Lady Phoenix, Isian Elder, Dallas, Texas

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DOG DAYS from U.P.I.

CREEPS OF THE MONTH - Police in New Orleans arrested one man and searched for a second suspect in a brutal scheme in which bets apparently were taken on how soon dogs would jump to their death. Nooses apparently were tied around the dogs' necks. Then they were put in shopping carts and if they tried to jump out, they would hang themselves.

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Residents in an East San Jose neighborhood were alerted to an early-morning fire by a barking dog. The dog woke up a woman, who then spotted flames leaping from her neighbor's garage, and called the fire department. The six people in the house escaped injury, but the fire did reach the home's living room before it was extinguished.

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A federal jury in Los Angeles has awarded more than 41-thousand dollars to a Riverside woman bitten on an arm and breast by a police dog helping officers track down her son for a traffic violation. Guadalupe Avila says she was sitting on a sofa in her home when police entered the house in pursuit of her son. She says a dog handled by one of the officers bit her...causing nine puncture wounds. The dog's handler testified that the woman shouted at the officers and waved her arms before she was attacked. The jury deliberated, decided police violated the woman's civil rights because the handler failed to command the dog to back off.

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Few dogs like anyone in a uniform, but a sharp-toothed Maryland dog took things one step farther when he attacked a police cruiser... leaving the car with two useless tires. Baltimore County police say the incident occurred when officer Edward Fuller was investigating a report of a petty theft in Sparks. Fuller said he was going door-to-door to see if anyone had information on the theft. When he pulled into one driveway and was walking toward the front door of the house, a dog, described by Fuller as a "skinny German Shepard-type," ran into the driveway and attacked the police car. Fuller says he jumped back into the cruiser and left the premises, pursued into the street by the fiesty pooch. By the time he got back to the station, one tire was flat and another was slashed. Fuller, a 20-year veteran of the force, says of the incident -- "Apparently the dog was very protective of the house."

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BEING A WITCH DOG IS.....

...giving so much love and sympathy when the person you own doesn't feel well.

WORDS OF WISDOM

There is no psychiatrist in the world like a puppy licking your face.

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LADY CARA in Florida sez: Blessed Be Pat & all the Georgians.

Just noticed my subscription is up. Glad to renew. Here is a little extra for all your wonderful efforts.
All is going well here in Florida. Lady Aurora's group is growing in leaps & bounds. Another group is staring in Miami. The Lady's work is moving merrily along. We are all looking forward to Beltain on the ocean with Windstar and Moonstar Covens. It is always joyful meeting with the Georgians. We will be very busy this year for Beltain. One of my people will be raised to 2nd degree May 4th, May 5 is Beltain on the Ocean, & May 6th will be Lady Aurora's Handfasting. All so exciting. Hope one day you'll be able to visit us here in Florida. Be well & happy.

Blessed Be
Lady Cara
Gardnerian
Georgian

ED, NOTE: Haven't been to Florida in many years. Many I'll get to visit someday if I ever retire...but I'll probably be even busier than I am now.

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TILLER in Seattle sez: Spring has sprung in Seattle: we can see blue skies and sun when the clouds part! Seriously, it's been very nice at times lately, and I've had a chance to work on refurbishing our deck on a weekend in the sun (that's a rarity in the Northwest: sun and weekends tend to be mutually exclusive, darnit!)
Haragano has been doing beautiful and wonderful things lamdscaping the house more and more. We have added a number of trees and shrubs, almost all of which flower at sometime or another during the year.

We are also doing some mundane things to our house, like adding a new roof.
Q: How do you tell a homeowner?
A: They're always just coming out of a hardware store.

Hving lots of fun with amateur radio, and wondering if there are other Pagan ham radio operators out there???

Bad joke of the month: A young man was raised in a family where his mother was Pagan and his father was Jewish. When he got to college, the young man converted to Christianity. Unfortunately, when he talked religion with his parents, they didn't know whether he was cowan or goyim.

Doing some more music lately than in the past few months, and enjoying it a lot. I can see an improvement in my banjo playing. Huzzah! Not much more. Life is pretty hectic at times, but I know that the Goddess & God are smiling on me, and that makes me feel very good.
B.B. to all! Tiller, Elder
New Wiccan Church of Washington

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From Tiffany St. Moonstar

THE WORLD OF CRYSTALS
An Excerpt from the Forthcoming Book:
THE GRIMOIRE OF ANASTASIA

Part I of this Seris:
CRYSTALS
Introduction and Familiarization

Ancient. Older than the first seeds of you and I. A perfect mineral cell. Cell...the KEY word. You consist of cells. The crystal consists of cells. Herein lies the mystery. Yet it is no mystery.

While the human cell and the mineral cell are grantedly different in looks we are similar in chemical structure and makeup. Thus it is possible for humans to work successfully with these "bones of our ancestors" in a partnership old even in the days of Atlantis.

HEALING...of the Earth. Of its people. Of its creatures. SCRYING. ENERGIZING. CHANNELING. MAGNIFICATION of the CONE OF POWER. TELEPATHIC COMMUNICATION. PSYCHIC LINKING. PERSONAL SPIRITUAL DEVELOPMENT. GROWTH...of plants, of people and of the nuturing current. That*s what the crystal means. The possibilities are only limited by your mind.

In this part of the Grimoire we will explore all these pathways and muchmore. I will try my best to clearly relate these processes drawn from my family tradition of the craft regarding crystals. Much has been lost since the time of the first wytch--the ancestor of us all--in comparision to what we have saved. But what we do have should be shared. The age of petty secrecy is dead. Let us learn and rediscover the old ways together.

In PART I, I will cover a few basic excercises to enable you to familiarize yourself with the energies of the crystal, and how to select a crystal.

HOW TO SELECT A CRYSTAL: The selection of a crystal is an intuitive, psychic experience. Crystals have 'sex' identity; that is there are male crystals and female crystals. Or one can visualize it in the scope of the ying/yang principal--a positive current crystal and a negative current crystal. Whichever example is more compatable with your own personal philosophy is the correct one. A female crystal has a softer, more gentle energy. A male crystal will have a more jolting, forceful energy, and the pulse when held will be more easily felt. Positive crystals are male ones and negative crystals are female ones. Both are excellent tools. Though for healing the females have a more gentle energy receptive to healing techniques. However, either sex of crystal will "do the job" in a satisfactory way.

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The World Of Crystals-Part I (Cont.)

When you go to find, or purchase your crystal, only do this when you are in your best frame of health and mind. One at a time, hold as many crystals in your hands as you wish. You will intuitively "feel" when you have the right one. It is as simple as that. You will not "find" the "right" crystal. "It" wil "find" you.

Good sources for inexpensive crystals are lapidary shops. They usually have a larger selection than occult shops and are much more affordable.

NOTE: The crystals that are used are natural earth crystals formed in the rocky bowels of Mother Earth. LEAD CRYSTAL is useless, and even drains or negates your energy. Do not wear lead crystal or use it in healing. It is not conducive whatsoever to these processes.

CRYSTAL EXCERCISE NO.1: Entering the Crystal: This is an excellent excercise for covens to do as a group. One person should be the guide and recite the following instructions to the rest as follows:

"First of all, hold the crystal in your left hand, point inwards. Picture an energy tube which has a top and a bottom. Like a thermometer. This guage will represent the energy level of your crystal; which in turn is your own personal auric energy level. Make the energy flow sink to 0, then gradually see the tube rise until the full 100 degree level. As you do this you should picture your aura becoming strong and full; throw its field as large as you desire it to be at this given time.

Now continue this visualization by picturing your crystal growing larger. It is as large as a gigantic tower, a monolith against a landscape of misty ethereal beauty. Walk towards it. See the doors to the crystal open. They are the most opulent doors you can imagine. Enter. You are now inside the crystal. Smell the air... What does it smell like? See the walls...What do they look like? Are the walls different from the ceiling? Go walk to the walls and touch them...what does the crystal world feel like? Taste the wall ...what does the crystal wall taste like? Now see a beam of light in the center of the crystal room, it is white translucent energy, like sunlight you can see it, feel it. Stand in the center of the beam...feel yourself grow strong and merge with the energies of the crystal. You are one with the crystal. There is a corridor on the other side of the room. It leads to the vaults of the crystal world. Walk down it. There are many doors, many worlds, many avenues to explore. Stop when you see the door marked PURIFICATION. Enter the doorway. There is a long wooden pier which leads out to a salty greek blue sea. At the end of the pier is a ship of sighing wood and black sails. On the deck of the ship are people from your past, whoever you have a connection with of some sort. They can be people from past lives, they can be from this life...they can be enemies,

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RELIGION IN THE NEWS from U.P.I.

A survey indicates more than half the teen-agers in the San Francisco Bay area have been approached about joining religious cults. The survey was directed by Stanford University psychology professor Philip Zimbardo and conducted by San Francisco State University student Cynthia Hartley.
It showed 54 percent of the high school students polled said they'd been approached by groups such as the Moonies, the Hare Krishnas and The Children of God. Two-fifths said they'd been approached three to five times. One fourth said they'd had six or more encounters.
Zimbardo says the surprising thing is that a large percentage of the teen-agers - even if they haven't been contacted - report being open to finding out about cults and attending cult functions.

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Police in Naples, Italy, say four young robbers broke into a convent dormitory and forced the sisters to hand over $587. in cash. They say the robbers pried open a dormitory window after finding no valuables on the ground floor of the convent.

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A psychiatrist warns the news media not to let themselves be used by religious cults seeking respectability. Dr. Louis West told a Los Angeles meeting of the American Academy of Psychoanalysis there are an estimated 25-hundred cults in the United States. He says most escape inspection by describing themselves as religious.

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Atheist spokeswoman Anne Gaylor says the government should put warning labels on the Bible. Gaylor made the suggestion to Pennsylvania officials...pointing to reports of a man in that state who cut off his hand and gouged his eye out after reading the scriptures. Gaylor called the Bible..."A uniquely dangerous book filled with lethal teachings."

*

Thailand celebrated May Day with a gala "Vasectomy Festival." Such events are not uncommon in Thailand, where 12-hundred men were vasectomized last December in honor of the king's birthday. May Day, 559 men lined up for free, seven-minute sterilization operations in downtown Bangkok. Promotional banners and T-shirts read "Too Many Children Make You Poor" and "Make Love, Not Babies."

*

President Reagan proclaimed May 6th through 13th as National Jewish Heritage Week. Reagan issued the proclamation after both houses of congress passed a resolution calling upon the "People of the United States, state and local government agencies and interested organizations to observe the week"
The observances dovetailed with nation-wide observances remembering the holocaust, in which six-million Jews died during World War Two.

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A consortium of 15 churches and religious faiths has formally applied for a license to run Canada's first religious television network.

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JOHN in Wisconsin sez: My Grandfather passed into Summerland this Winter, & I can empathize with others who have also lost loved ones. But really we shouldn't look at it as so much our loss, even though it does leave a great void in our lives, but rather as to their gain. And we should be able to find it in ourselves to rejoice that they have finished their task for this life & can go on to their next task on the Karmic path. One way we can find to ease our loss is to try to communicate with our loved ones in Summerland during periods of Meditation, & through Astral Projection.

m Often we do communicate in such a manner during sleep. One can attempt this then. Since my Grandfather's transition, I have had a number of these experiences and it has been a great comfort. So it does help to realize that our loved ones who have passed on are not really so far away from us as we might think.

So if any of you have lost a loved one, be it your mate, relative, friend, or pet, give this a try. Just send a thought of love & greetings to them, & sit quiet a few moments for an answer, & you may be surprised with the result. You may also find that at unexpected moments they will send you a call of greeting! Also, if you feel like crying, do so & get it out of your system, because tears sometimes can be a means of healing.

And remember, if you were really close to your passed on loved one, you will meet again. & that they are in the loving care of the God & Goddess. So really there is a lot in the Craft that can help us through these kinds of periods in our lives. But I am not saying that we should spend all our time attending seances & the like, wasting our time & that of our loved ones, because that would only obstruct our Karmic path & theirs. That is all I really wanted to say on this subject & I hope helps some others that have also gone through personal loss.

Love & BLESSED BE!

John

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A letter from Mrs. Donna J. Buck in Portsmouth, Ohio:

Greetings Brothers (or) Sisters:

I am writing this letter to see if you can be able to help my son and the other inmates in Ohio. I and my son is trying to get Freedom of Religion in the Institutional in Ohio. And I want to know if you can be able to put an article in your newsletter about my son and the others at this Institute. And if you can, here is the article.

Greetings Friends:

My son Joseph Buck is incarcerated at the Chillicothe Correctional Institute in Ohio. He and several others are followers of Wicca & Neo-Paganism, but they are not allowed to study or practice their Religion; even reading materials on Wicca are confiscated as contraband.

These inmates are trying to take legal action, because their Constitutional Rights under the 1st and 8th and 14th Amendment are being "Violated"; but they are badly need of funds for attorneys. I

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Continued from Mrs. Donna Buck:

am appealing for donations, any donations will be most highly appreciated.

If anyone wishes to write to my son (or) the other Inmates at this Institute, you can write to : Mr. Joseph Buck, #155-327, P.O. Box 5500, Chillicothe, Ohio 45601. And if there is any High Priest/ess with a Ohio State Charter and would like to volunteer their time to help with Ritual & Rites in the Institute, they can also write my son as well.

Should anyone wish to contact the U.S. District Court, and request that they assist these inmates, the address is: Clerk of U.S. District Court, c/o Judge Holschuh and the Case No. is C-2-83-2309, U.S. Court House, 85 Marconi Boulevard, Columbus, Ohio 43215.

Please remember to mail all donations to: Mrs. Donna J. Buck, Route 5, Box 41-A, Portsmouth, Ohio 45662.

WE ALL THANK YOU FOR YOUR HELP AND TIME ON THIS MATTER, AND MAY THE GODS AND THE GODDESSES BE WITH YOU AND YOURS!

.....So.....Mote.....It.....Be.....

Love In The Light,
Ms. Donna J. Buck

ED NOTE: We don't know these people so we suggest you do your own checking before sending any money.

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By Bear in Texas:

The Reality of Elementals

Recently, it has come to my attention that a useful analogy for comparing various religious cosmologies and personality theories is to consider religions and psychotherapies as various branches on the tree of personal growth (the path). In speaking of an elemental, we must be careful to distinguish between energies and entities. Basically, a particular type of elemental energy creates a portal through which a particular type of entity may occasionally manifest. Much about the mystery surrounding the elements of earth, air, fire, and water can be cleared up by the following: These are symbols representing various types of psychic energy, not representing physical elements - but psychic elements. These elemental energies correspond to the spectrum of contrasting desires which interact to assist us in our decisions. Just as the id and superego interact with the ego in psychoanalytic explanations of the decision making process (thought), so the elements of earth, air, fire, and water interact in pagan consciousness.

The air element corresponds to the urge to control (to have knowledge), the desire for power. In psychoanalytic terms this is the source of that part of the ego which is concerned with pride and a prestigious self image. The Earth element corresponds to the desire

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(Cont'd - Dear in Texas)
for security and stability - the urge to be safe. In psychoanalytic terms, this is the superego. In christian consciousness (the roots of the psychoanalytic trinity of ego, id, and superego) this is the voice of conscience - the personal guardian angel versus the tempter. In psychoanalytic cosmology the id (tempting instinctive drives) is split up into two categories. These are libido (the creative aspect) and thanatos (the destructive aspect or the so-called death wish). In pagan consciousness the libido corresponds to the urge for comfort - the water element, and thanatos to the fire element - the source of passion and the will. Thus Freud's misunderstanding of the fire element caused him to mistakenly identify it as a death wish.

The elements of earth, air, fire, and water symbolically represent our inner urges for security, power, will, and comfort (respectively). The elements correspond to a spectrum of desire energies. These desire energies manifest in two ways. Mostly they manifest as a desire for an object or condition. Secondly, the elemental desire energies open doorways through which entities (elementals) manifest and frequently advocate the desire. We are all familiar with the mechanism of temptation and resistance. In essence our elementals interact to give us the experience of thought and deliberation. In our thoughts and dreams, our elementals form a council of advocates insuring the expression of our various contrasting desires. These are the source of the voices of reason (air) and caution (earth), of comfort (water) and determination (fire). These are realities - your elementals.

Elementals have four identifiable phases of development. As animals, small children, or sexually desirable young people. Secondly the romantic aesthetic ideal. Third level elementals attain intellect. Finally becoming spiritual entities manifesting their own spark of divinity. Elementals develop through these stages in either a positive or negative direction. In xian consciousness these four negative levels are experienced as: (1) un-holy urges, (2) demonic temptation, (3) demonic hordes and overwhelming temptation such as rationalization, and (4) the devil.

In pagan consciousness the negative aspects of elementals (pride and envy (air), anger and murder (fire), lust, gluttony and drunkenness (water), and rigidity and paranoia (earth) are experienced only as extremes of imbalance. These conditions are easily rectified by integrating the energy into our consciousness and cultivating a positive expression of that aspect of ourselves. The pagan path is a spiral dance to balance. As we integrate the urges for determination (fire) and orderliness (air), we experience our Father. As we balance and experience a meld of the urges for comfort (water) and security (earth), we experience our Mother. Walking inwards to balance we create an energy which opens the portal through which our Lord and Lady appear and speak or commune with us in our dreams and

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(cont'd - Bear in Texas)
meditations - in our circles and in our works. Through realizing this and growing towards a better balance of inner and outer - past and future - and of our elements - we grow towards experiencing ourselves as their divine children. We then see others not as rivals and evil enemies - but as the divine children of our Mom and Dad.

This is the reality of elementals. They are individuals in their own right - and are part of us - we are individuals as much as we are the collective expression of our elementals. Our thoughts are our own as much as they are a council of elementals. Far from being 'mere symbols' the elements in pagan circles are there as actual representatives of aspects of ourselves and the Gods. The elements in the four corners of our circle are representative of the elementals in our internal council - and manifestations of the divine council. They are symbols, but not only are they symbols - they are real. Elementals are just as real as we are, they are us. The circle is thus a representation of not only our internal council, but of the divine councils and of the temporal councils we experience as covens. As above, so below - as within, so without. Coven living is covenant living - reaching agreements or understandings and then living by them.

Perhaps in a certain sense modern psychotherapy is developing to this basic level in Glasser's Reality therapy which advocates developing a system of contract type agreements to regulate behavior - in favor of the old good and evil behaviorism. Personal growth consists of bringing our contrasting desires - our warring elementals - to council and reaching an agreement. We develop internal covenants, (beliefs & ideals), just as witches develop external covenants or covens. All too often, our internal imbalance manifests itself in an external conflict. If you watch closely a conflict between two people, you will see that it is mostly elementals representing contrasting desires (and thus values) that contribute to the bitterness. Learning to negotiate rather than close off or argue - this is the path of the divine children. Reaching an agreement in council, making a covenant or coven, we are all our own priests and priestesses - presiding over our own elementals. As within, so without, hey, Pagans, let us all do what we can to come towards a productive interaction with one another. Only through acceptance of ourselves, our elementals and those of others, can we hope to walk the spiral path towards ever greater balance and harmony.

<u>The Negative and Positive aspects of the Elements</u>
Air: Negative: powerlust, egomania, domineering, authoritarian, manipulative, pride, envy, jealousy, greed, covetousness, selfishness, vindictiveness, judgemental.
Air: Positive: curious, informed, analytical, open minded, accepting, justice, temperance, charity.

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(cont'd - Bear in Texas)

Water: Negative: gluttony, excessive lust, drunkenness, addictiveness, laziness, art that is abusive to the senses, self centered shallowness, and jaded boredom.
Water: Positive: sensousness, gourmet appreciation, beauty in art, music and architecture, fun and the enjoyment of things physical and pleasurable.
Earth: Negative: fearfulness, paranoia, defensive hostility, inflexibility, pessimism, immobility, narrowmindedness, suspicion, blind adherence to 'doing it by the rules' or irrational superstition, and pride in ignorance.
Earth: Positive: stability, good 'horse sense', intuition, solidity, durability, practicality, safe, secure, loyal, and enduring.
Fire: Negative: anger, rage, murder, revenge, hatred, bloodlust, violence, aggression, obsession, war-lovers, impatience, frustration.
Fire: Positive: perseverence, highly motivated, patient, strong-willed, keeps on keeping on, determination.

Blessed Be!
Bear

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Adrienne in Bakersfield says:

Hi Pat, and everyone out there! Glad to see that you are feeling a little better. You certainly LOOK better! Get lots of rest and continue to improve.

For those of you who were too busy to come to the Runnerfest at Cal State Bakersfield this weekend, you didn't miss a hell of a lot! Apparently when the Runnerfest was scheduled, whoever did the scheduling didn't realize that the Buck Owens Rodeo Days were the same weekend. Anyway, not too many folks were out and about. We did have a nice time anyway. Myself, Pat, Elizabeth, Dee, Don and Cinda were there, along with a few other friends. We did a number of card readings and spent a nice time visiting. I got a bit sunburned, but it's turning nice and brown. My 12 year old son had his cards read and was SO impressed! He also won a goldfish, which was kindly adopted by "Aunt Elizabeth" (hopefully not for Morgan's lunch!) Hopefully, next year will be bigger and better.

Had a bit of excitement around our house Sunday. My female Springer Spaniel went into her first heat, seemed to be having some female problems, and upon a visit to the vet we were told that "she" is a "he" too! A true hermephrodite. Great, huh? So "Boy-Brandy", as my kids are calling her, is getting spayed today and hopefully will be feeling better next week.

That's all for now!

Blessed Be!
Adrienne

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FURRY PEOPLE from U.P.I.

A spokesman for Sacramento State University says more than two dozen laboratory rats were taken from their cages in an apparent protest against animal abuse. The spokesman says between 23 to 29 rats were removed from the psychology department..where they were being used in student projects. Left in the cages, were leaflets protesting the experiments as unnecessary...unethical...and a waste of taxpayer's money. They were signed by a group called The Animal Liberation Front.

Scientists at the National Marine Fisheries Service in La Jolla say there may be something to the term "animal magnetism." Researcher Andrew Dizon says many animals have a tiny piece of magnetic lodestone in their sinus cavities that acts as a compass. It allows Tuna Homing pigeons and Dolphins to follow the same courses year after year. Dizon says whales may beach themselves by following magnetic attractions straight on to the shore.

About two-thousand people marched through the Westwood area to U-C-L-A protesting against vivisection for medical purposes in observance of World Day For Laboratory Animals. Chanting "Fe Fi Fo Fum, Vivisectors Here We Come," the group gathered near a U-C-L-A medical center building where aninal research is performed. Protest organizer Javier Burgus said the march was not directed against U-C-L-A but was held in the area because the university is "one of the biggest organizations that test animals.

Two Australians began a search for the Tasmanian Tiger, officially extinct for 48 years but believed to be still wandering the wilds of Tasmania.
Tasmanian wildlife park operator Peter Wright and publisher Roanald Stephens have invested 250-thousand dollars into their three-month search. They plan to use video cameras to concentrate on a 144-square mile area in the northwest central highlands of Tasmania, an island off the southermost point of Australia.
The Tasmanian Tiger has stripes along the back, a dog's face, a pouch for carrying young and a long, kangaroo-like tail.
Wright says he's certain the tiger is there. He says people he knows have seen it.

What was believed to be the world's most productive milk cow is dead, Number 289...the only name the 19-year-old cow ever had...was put to death at the Manuel Maciel family dairy in Hanford. 289 had lived nearly four times longer than the average Holstein cow. During her lifetime, the cow produced 54-thousand gallons of milk for the dairy ...more than nine times the amount of milk the average cow gives in a lifetime.
She continued to deliver milk nearly until the end. Finally 289 was unable to stand up and the Maciels decided to put her to sleep rather than see her suffer.

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LITHA DIVINE PLAY

By Lady Allusha
Coven Tara

Characters: Narrator, Lugh, Balor, (nine) People, Litha

Props: Fire Wheel shield, Lugh's weapon, Balor's weapons, fire, Garland of Vision, water cauldron, apple, cutting knife

Narrator - "From deep within the abyss of darkness is heard the challenge . . . "

Balor, with weapons - "I call to thee, Lugh the Ioldanach. It is I, Balor, who has returned from the darkness to wrest the Power from thee."

Lugh, with shield and weapon - "I hear they words, Balor of the Evil Eye. They pierce my flesh as a thousand freezing needles. But I am strong and brave, and I shall do battle with thee once more."

Balor - "Then meet me this night atop the High Mountains of Destiny, where we shall discover the fate of thy people."

Narrator - "And so the word spread throughout the land of the battle to be fought that night between the Lord of Light and the Lord of Darkness. As the night falls, the people gather on hilltops to build bonfires to aid their champion. They gaze through the Garland of Vision into the flames to see how the battle goes."

People light the fire.

Lugh and Balor meet in the center and begin to battle, each striking at the other SLOWLY back and forth, so as neither will harm the other. They keep this up while the People do their gazing, paying attention to act out any appropriate behavior.

Person 1, gazing through the garland - "The battle has begun." Then pass the garland to the next Person.

Person 2, all persons follow the same procedure - "The Lord of Light fights bravely."

Person 3 - "The Lord of Darkness grow stronger."
Person 4 - "Balor is no match."
Person 5 - "Lugh is wounded!"

Lugh clutches his side and drops his shield, but keeps fighting.

Person 6 - "He still fights!"
Person 7 - "Lugh is weakening."

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Litha Divine Play - cont'd.

Person 8 - "Balor is wounded!"

Balor clutches his eye, screams, and runs off.

Person 9 - "The Lord of Darkness is vanquished!"

All People shout for joy.

Lugh drops to the ground with a groan.

Litha runs to his side - "O Great One from the Heavens, my beloved consort, thou hast been severely wounded. Let me use my skills to heal thee, that thou shall be as good as new."

Lugh - "Thy lips have always spoken the Truth, my beloved Goddess, Litha. I am strong, but I feel my strength flowing out from me as the tide rushes to the sea. I pray thee, gaze into thy cauldron, and tell to me the future."

Litha - "O brave Lugh, champion of our people, I see into the depths of the future." She gazes into the water. "Thou shalt heal, but thy strength be never regained. Thou shall see the fulfillment of life, but then grow weak and die. The Lord of Darkness shall take the Throne and become ruler of the world."

Lugh - "If it is then my fate to die, we must act now to insure a successor to the Throne, that he may bring light and life to the world in times to come."

Litha brings the apple to him, and he places his hands over hers upon the apple.

Lugh - "Spirit to flesh, man to woman, Sun to Earth."

They kiss.

Litha cuts the apple to show the seeds, holds it up, and says - "Witness all ye, our people, the Essence of Life, the Magick of the Seed."

People clap and shout for joy.

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FROM U.P.I. - A steaming bowl of snake soup is considered a healthy cure-all in China. Frog is another favorite. But China's official news agency says fans of the Hunan Province should avoid them. It's not that eating snakes and frogs is dangerous. The provincial governor is banning the sale of edible snakes and frogs because they're needed in fields to control the spread of rodents.

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FOR THE BIRDS from U.P.I.

An American Bald Eagle named Luke Skywalker made an appearance at a New York hotel in observance of "Be Kind To Animals Week." The big bird acquired his name in a roundabout fashion. "Luke" is a shortened form of the formal scientific name for bald eagles -- H. Leucocephalus. The rest of the name was added by workers at the University of Minnesota's Raptor Research and Rehabilitation Center, where the bird was brought after a collision with a car. The accident crippled one of Luke's wings, making it impossible for him to fly-- hence, "Skywalker."

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Bird lovers are upset about a recent assault on the swallow population at San Diego Jack Murphy stadium. Cleanup crews swept out several swallow nests in the beams of the stadium...and turned over about 30 displaced baby swallows to Project Wildlife. Members of the conservation group said, however, the crews should have left the nests alone because they are protected by the federal government. Stadium officials say they didn't know there were birds in the nests when they ordered the cleanup.

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The California Condor hatching season continues at the San Diego Zoo. The sixth chick hatched at the zoo this year popped from its shell this month. The rare bird...named Yosemite...needed little help from bird keepers as it struggled from the egg. Zoo spokesman Jeff Jouett says Yosemite appears to be in good health. The last two eggs left at the zoo are expected to hatch next month.

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The embyos were dead in two of the three eggs taken from a Peregrine Falcon nest on El Capitan in Yosemite National Park recently. National Park Service officials say the embryos apparently died several days before climbers exchanged two live Peregrine chicks for the eggs. Park spokeswoman Lisa Dapprich says it is suspected that the embryo deaths may have been caused by D-D-T contamination of the parents. It was D-D-T contamination that caused the exchange in the first place.
Scientists say the pesticide contamination has caused Peregrine Falcons to lay thin-shelled eggs in recent years and that many times the eggs do not survive the hatching process. Scientists hoped to hatch the stolen eggs in an incubator where there was less chance of them breaking. Officials say the third stolen egg apparently contains a healthy embryo that is expected to hatch in about three weeks.

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A little more on the attacks on pelicans & seagulls. A Monterey teenager was sentenced to indefinite probation. The 16-year-old boy was ordered to give 150 hours of his time to community service. In another case, a Monterey man accused of toturing pelicans went on trial...but no more info on that.

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According to a participant in a New Orleans duck calling contest, ducks quack with accent, feeling and meaning.

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STONEHENGE VIEWPOINT, 2821 De La Vina St., Santa Barbara, Ca. 93105. 15 issues $10.

HARVEST, POB 228, S. Framingham, Ma. 01701. 8 issues $10. yr.

THE PEGASUS EXPRESS, 4701 Lyons Rd. Box 159, Pompano Beach, Fla. 33067. 8 issues $5. yr. Checks to Ellen Hansen.

NEXUS INTERNATIONAL NEWSLETTER, POB 45061, Dallas, Tx. 74245. Can't finda price listed.

NEW WICCAN CHURCH OF CALIFORNIA, POB 162046, Sacramento, Ca. 95816. Find no price listed.

CIRCLE, POB 219, Mt. Horeb, Wi. 53572. Quarterly. $9..

PAGANA, POB 9494, San Jose, Ca. 95157. 6 for $12 ,, 20 for $10.

PANEGYRIA, POB 73, Index, Wa. 98256. $8. yr.

ISIAN NEWS, Cesara Publications, Clonegal Castle, Enniscorthy, Eire. Quarterly $7., $10. air mail.

THESMOPHORIA, , POB 11363, Oakland, Ca. 94611. Price ?

COVENANT OF THE GODDESS, Amber K., POB 176, Blue Mounds, Wi. 53517. 8 times a yr. $13.

THE UNICORN, Box 3814, Minn., Minn. 55408.

GEORGIAN NEWSLETTER, 1908 Verde St. Bakersfield, Ca. 93304. Monthly $6. yr. in U.S. $12. foreign surface. $24. foreign air.

There are so many newsletters we just can't remember them all. Some are very good..and some not so good. Some try to usé fancy print which makes it difficult to read box or zip numbers. Sometimes we have to go through pages & pages trying to find the address, number of publications per year and the price. Often each one is on a different page. Can be most frustrating.

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DIDJA KNOW???

The electric eel emits regular pulses of current from muscles or nerves to detect objects in its environment.

Benjamin Franklin invented bi-focal glasses 199 years ago so he wouldn't have to carry around two pairs.

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Everyone needs self-esteem, just as they need water - but not so much that they drown in it.

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FROM U.S.D.A.

Since many areas had a cold spring this year, some spring flowering bulbs are having a late blooming season. As soon as the flowers fade, cut them off, otherwise they'll go into seed formation and seeds take stored food from the bulbs. But do not cut the leaves after flowering. Wait until they turn yellow. Green leaves produce food for plant growth the next year. According to the U.S.D.A., the bulbs you dig before the leaves turn yellow are useless. After the leaves turn yellow, cut and destroy the stems and foliage of the plants. Do not leave dead foliage on the ground because it may carry disease to new growth the next year. If the disease is severe, plant bulbs in a new location. In cold areas, you can leave most kinds of bulbs in the ground for several years, In warm areas, you should dig and discard bulbs each year after the blooms have faded. Bulbs seldom flower well in hot climates after the first year. Make sure your bulbs have matured before you dig them for replanting in the fall. When the leaves on the plant turn yellow, uncover a few bulbs without disturbing them. If the bulb coats are tan to brown the bulbs are ready to be dug. The coat of an immature bulb is white. Use a spading fork to life the bulbs from the ground. Wash off any soil that remains on the bulbs and remove any old, dry scales. Keep only large, healthy bulbs that are firm and free of spots. Toss out the undersized bulbs, they may never bloom. Spread the bulbs you're keeping in a shaded place to dry. When the outer scales have dried; store the bulbs away from sunlight in a cool, dry basement, cellar, garage or shed at 60 to 65 degrees. Avoid temperatures below 50 or above 70.

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The world's largest agricultural research organization is located in the U.S.D.A. Here's a sampling of some research results of 1983. A new technique was developed for measuring vitamin D imbalances. This opens research avenues to understanding the role of vitamin D in metabolic diseases of the kidney, bone and intestine in animals and humans. Vitamin D imbalances can lead to sickness and death. It's been believed that infants lack the ability to digest cereal starches in the upper intestine. That now appears to be untrue. An infant feeding study shows infants digest starches, suggesting possible revision of infant feeding recommendations in the future. A household bleach, hydrogen perozide, was found to unlock a natural cement that binds cellulose in plants. If enough cellulose can be freed, it would mean the residues of crops - the stalks and stems - could be the source of ethyl alcohol for industrial uses, to make synthetic drugs and plastics.

A new USDA rice variety called "Lemont" survived the 115-mile-per-hour winds of hurricane Alicia. Only five percent of its kernels were lost in this storm. Other rice varieties were flattened and stripped of half their kernels by the hurricane. There's also more research to increase crop yields. In 1981 the average farm yield per acre was 110 bushels of corn. Projections call for 275 bushels by the year 2000, and by 2050, 385 bushels.

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IN THE NEWS from U.P.I.

A quarter horse mare in Louisville successfully gave birth to what a zoo spokeswoman calls a "real Zebra with big floppy ears and black and white stripes."
Officials say it's the first time a horse has been used successfully as a "surrogate mother" for a Zebra.
Veterinarians last May took a fertilized embryo from one of the zoo's female Zebras and planted it in Kelly, a 26-year-old mare.
Zoo veterinarian Bill Foster says the embryo developed normally in the horse's womb, resulting in a normal Zebra rather thana hybrid "Zeb-horse."

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A scientist at the jet propulsion laboratory has found evidence of a possible planet system around the star Vega. Paul Weissman used data collected by a heat-sensitive astronomy satellite trained on Vega to detect what appears to be a cloud of comets similar to the one encircling our own solar system. Weissman says if that is the case, then it is also possible there are planets in orbit around Vega...which is 26 light years away.

*

Ben Citchen says he used to come to work and find dead rats, mice and fish in his locker. Once, he found nails in the shape of a cross...and twice, nooses were hung in the plant.
When he grabbed an employee who snapped a rubber band against his neck...Citchen was laid off and the other employee was not disciplined.
Citchen was the first black man to be hired by the now defunct Firestone Steel Products Plant in a Detroit suburb.
The Michigan Civil Rights Commission ordered the parent **Firestone** Tire & Rubber Company to pay him a record 1½ million dollars in damages.

*

A Disneyland ban against members of the same sex dancing together was overturned in a Santa Ana courtroom. A jury said the rule violated the civil rights of two young men kicked off the dance floor four years ago.
Disneyland officials had no immediate comment on the verdict.

*

King Arthur of Camelot lived...according to a leading British expert on royal genealogy. Geoffrey Ashe says he'll prove in a forthcoming book the legendary British King was no legend at all. Ashe says Arthur was a warrior king who lived in the fifth century and possibly had an upper-crust Roman education.

*

DIDJA KNOW????

A garden snail moves about three-one-hundredths of a mile an hour.

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SOME PEOPLE GO THROUGH LIFE JUST STANDING AT THE COMPLAINT COUNTER.

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MICHAEL BARAN has written his third book on prehistory. We reviewed his second book last year..Insights Into Prehistory. Now the third book is available...TWILIGHT OF THE GODS. If you have read his other books, or if you enjoyed the Von Daniken books, you shoule be interested in this one.
As we mentioned in the earlier review, these are not a re-hash of the Von Daniken material but entirely a different approach. While Von Daniken's work was primarily an investigation and listing of the strange and unexplained. Michael Baran is more theory and hopefully explanation of many mysteries. Although you may not agree with his theories, you should at least find them interesting.
For example:
Baran takes the view that Wiccan traditions had their origin in the broad ancient traditional system known to esotericists as the Atlantean tradition.
TWILIGHT OF THE GODS by Michael Baran. $10.50 includes postage and handling. Exposition Press, Inc. 325 Rabro Drive, POB 2120, Smithtown, N.Y. 11787-0817.

*

CELEBRATION OF SUMMER. For those interested, NEXUS will be holding Celebration Of Summer July 6,7,8 in the North Texas area. For info write: Nexus, POB 45061, Dallas, Texas 75245.

*

Nice letter from Lady Rhea in Atlanta...but she still goes to the doghouse. Says she's behind with writing because she's been so busy, then marks the letter NOT FOR PUBLICATION...and tries to fool me into thinking the letter is longer by numbering the last page as "4" instead of "3". Move over, Miss Boo, make room for her in the doghouse.

*

Nice letter from Hans Holzer about a healer-Witch moving to Cal. from the east. He says, "I will send you healing as well."
ED. NOTE: Thank you, Hans

*

Haragano & Tiller (Seattle) sez: we will do some energy raising for you at the TOR and at the Henge. We also have a special photo to send as soon as we get the roll developed.

*

DEFINITIONS sent by Lady Rhea

Lonliness: a word used for the pain of being alone.
Solitude: a word used for the joy of being alone.

*

DIDJA KNOW ????

May 18, 1953, Jacqueline Cochran became the first woman to fly faster than the speed of sound. She flew an F-86 Fighter Plane more than 652 miles an hour.

Legend has it that coffee drinking began in 9 th century Ethiopia whena goatherd noticed his animals became livelier after eating crimson coffee berries.

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PUSSY CAT CORNER from U.P.I.

A British researcher reported in San Francisco on studies that might offer hope to the thousands of accident victims who are paralyzed each year.
Surgeon David Wilson said his research shows the use of radio waves helps cats with crushed spinal cords walk again. He says pulsed, high-frequency electromagnetic energy offers a most promising avenue to a cure for paralysis. Wilson says his team plans to begin human tests soon.
Wilson is president of the Association of Accident and Emergency Physicians of England.

Ed. Note: At first glance it would appear that someone did something nice for animals....but one wonders if they were crushing spines to have something for experimenting.
There has really been a shortage of pussy cat news in recent months ...so lets see what's happening with other animals.

GOOD NEWS: Now it's going to be illegal to let either children or dogs ride in the back of pickup trucks in the Oakland area. A law banishing children from the back of open trucks is being extended on June 28 to dogs as well. A state humane officer says the new ordinance will prevent a lot of accidents...and save a lot of human and animal lives. It provides for a 50-dollar fine or 10 days in jail for anyone caught with a dog riding in the back of a pickup.

ANOTHER CREEP OF THE MONTH - Orange County sheriff's investigators are looking for someone who sexually injured two Arabian breeding mares. The mysterious attacks occurred near Santa Ana over two weeks. Examinations have determined that the reproductive tracts of the two mares are bruised and lacerated. Veterinarians say both animals are responding to treatment...but it isn't known if they will be able to breed again. The examining horse specialist diagnosed the culprit as a very "sick person."

With pomp that would befit visiting royalty...Walt, a rare Koala on loan from the San Diego Zoo, has arrived in Cincinnati for a month-long visit. The Koala made his grand entrance in a limousine... escorted by a Cincinnati Zoo security guard on a motor bike. He emerged from the car in the arms of his keeper, Valerie Thompson, to the cheers of approximately 200 people...most of them children.
San Diego..which has 19 of the animals..asked other zoological parks around the country if theywould be interested in a visit from a Koala. The groundrulles were strict - the host zoo had to pay shipping costs for the animal - and promise to keep it supplied with fresh Eucalyptus leaves, the only thing Koalas will eat. Only Cincinnati and San Antonio, Texas, took San Diego up on the offer.
All of the known Koalas in Australia are in preserves. For a long time, the only other Koalas were in the San Diego Zoo.

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HELP! MY SPOUSE IS A WITCH!!

First, a brief introduction. My name is Bruce & I'm sure many of you have heard of me, not by name, but as the husband of Adrienne in Bakersfield. I am that "staunch Lutheran" that she has written about (and I must add, has shown a lot of patience with).

The purpose for this article is to perhaps be a help to pthers "out there" (you know, they have a word for us) to gain a better understanding. Understanding of what? And by whom? Well, hopefully this letter will help both those in the Craft, and those who aren't, gain a clearer understanding, but more than anything else, a greater respect for the other. Here Goes!

When Adrienne and I were courting, she told me she was a Witch and attended meetings. This was fine. I figured it was a phase she was going through, and if I could put up with "being married" and taking on the responsibility of raising three boys, I could certainly put up with my wife being a "Witch"...WRONG!

Two mistakes were made right at the beginning, and over the past year it has created some almost insurmountable problems. Thankfully, we are working on these problems, and I feel that we're well on the way to solving them.

First, I made a mistake in downplaying her involvement. I, like so many others, figured, "Oh,well, no big deal. She'll outgrow it or I'll break her neck!" She will not outfrow the Craft any more than I will outgrow Christ, God, & the Holy Spirit. It is a religion, and one which deserves, no demands, the respect of thinking people.

Second, I shut her out so she shut me out. By refusing to accept the Craft as anything more than "a phase", I unconsciously (or consciously) built up resentment toward Adrienne's involvement. I took all the stories I had heard and combined those with my own guesswork and became a terribly paranoid individual. Adrienne did not help matters any, because she could sense my rejection of something that was important to her (especially when I told her the Craft was a bunch of bullshit;) and made it even more secretive than it is.

I'm sure many of you are wondering why or how Adrienne and I remained together. Well, the answer is not simple. I had to break down many barriers within myself which had their foundations laid when I was still an infant. Adrienne on the other hand had to come to an understanding that in order for me to at least condone, if not understand and accept the Craft, she must share some of her feelings, insights, and emotions with me. This has not been an easy process for either of us, but I feel that it has been one which is rewarding for all.

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HELP continued

I would offer the following suggestions to any who find themselves in similar situations:

1) Talk about "IT". "IT" is not only the Craft. IT is also your personal feelings regarding other religions, God, yourself, and life in general. By doing this, both parties open themselves not only to questions from the other person, but also to self examination.

2) Read. This is tough. I outright rejected some materials (and still do), but have found others that have helped me to ask questions and gain understanding.

3) Respect the other person. Adrienne often criticized the beliefs and practices of the Lutheran Church and could not understand when I did the same with the Craft. Neither of us were being fair. Even if you don't agree, give your partner the respect to live their life!

4) Last, but certainly not least, don't push it. Pushing it comes at both ends of the spectrum. First, if your partner decides that they want to take the plunge into your "private world", don't blast them with every book, tape, or other material on the occult. People have to work at their own pace and tear down as well as build up. Also, if you are the person who is deciding to try to gain more of an insight, don't try to become High Priest the first week! You won't make it and it will just lead to criticism from your partner as well as his/her peers.

I appreciate the space given to me and hope that it helps some poor lost soul (oops, I didn't mean it that way!!) out there. If anybody wants to share their experiences or perhaps some reading material, please write back in care of the newsletter.

Bruce

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From Adrienne: I have to say that I do appreciate the effort Bruce has made to understand my positin. I went through a very emotional period of time when I felt forced to choose between the Craft and my mate. NOBODY deserves to be put in that position! I really feel that open communication, and at the same time, respect for each other's privacy is the key to a relationship like ours. We, as Crafters, need to remember that although we have found "our way", "our way" is not for everyone. There are many paths that lead to the One Light, ours is but one. It is not for us to decide for others which path they choose to follow. We'll all meet again at the end of the road anyway, and hopefully will learn from sharing our different experiences. Think of the fun we'll have sitting around talking about it in the Summerland, and think of the surprised looks among us when we meet

(continued next page)

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HELP continued

old friends, who may not have chosen the same paths. Thanks to Bruce for his input. I hope it helps someone else in this awkward position to relax and enjoy the fun and surprises in store when your "mate is a Witch!"

Blessed Be!

*

THE VIRGIN

All sround the standing stone
The Druids chased the Virgin.
Chased her with a knife of bone,
To run she needs no urgin'!

The Roman army comes in a wave
With short swords and their bowmen.
They slay the Druids, but who will save
The Virgin from the Romans?

As if in answer to her prayer
A Unicorn came surgin'.
With silver horn and moonlit hair,
He stole away the Virgin.

No mere horse could match his speed,
No hand could touch his rider.
No chance, with such a magic steed,
The Romans could ever find her.

You've heard my tale, I've said it clear,
It's a challenge, sure as you're born.
If you seek a Virgin, better luck I fear,
In catching a Unicorn!

Silverstag

*

JIM in Winchester sez:

All goeswell here. Getting ready to shut down the school for another year. Plan to be visiting relatives in Texas the first two weeks in July. Have a new mailman and all of a sudden bits of mail disappearing including the Georgian Newsletter. I would hate to have one missing after all these years.

Blessed Be
Jim

ED. NOTE: A few people complaining about mail missing over the past month or so. Could it be the post office people? Could it be the C.I.A.? Could it be the Falwellites? Or is there a difference? Anyway, Anyway, there seem to be new mail problems like a few years ago.

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Hi, Pat and all,
Here is a letter for publication, on being a Witch is. I truly hope it helps to wake up a few covens before their coven goes down the tubes.

Being a Witch and coven member is, remembering that your coven leaders are human, too, and they work very hard to make Circles and Sabbats enjoyable for you, and to be there when you need them. Many Covens fold up and die when, after years of very hard work, the leaders of a grup wake up and realize the only thing the people care about is how much the HP and HPs can give. It is very joyous when the coveners have a closeness that promotes sharing outside the Circle, getting together to enjoy each other's company for parties, watching TV, playing cards, going out for a hamburger together, etc. It is very lonely and painful when the coven leaders realize that the only time they are welcome is for circle planning and performing and clean up, etc. , and they begin to feel very used and taken for granted. This is the beginning of the end. Here are a few ways to help avoid this tragedy:

1- Call and ask them out to visit you occasionally.
2- Stop by once in awhile, just to say Hi and share some conversation.
3- Plan an outing for <u>them</u> .
4- Offer to do a Sabbat as a group and allow <u>them</u> to just sit back and enjoy.
5- Offer to make a lunch and come to help fix up the covenstead grounds. (just before a Sabbat would be especially nice)
6- Send them a card or give them a call to let them know that you appreciate them and their efforts.
7- Instead of just walking out after a Sabbat, offer to stop by to help with the after Sabbat mess and the mountains of dishes. Remember, the coven leaders have already knocked themselves out days before the happening, cleaning the covenstead, preparing the ritual and gathering the essentials.

These are just a few ideas. I am sure there are many more things you all can come up with. For a coven to die because the members are thoughtless, selfish, and inconsiderate, is a real crime and a great useless loss to all.
As for this High Priestess and High Priest, we are about to say <u>FORGET IT</u>!!

From a coven in the South.

*

ED. NOTE: I'm certain most all coven leaders have been through this at some time. One solution is to appoint one person to organize work parties when needed. Also, you can the people that either they help with thework that needs to be done or it just <u>won't get done</u>.
You can solve the problem of mountains of dirty dishes as we did here long ago. SWITCH TO PAPER PLATES AND PLASTIC CUPS.

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Dear Pat: I just wanted to write in and tell you about the robes that Marion makes, which were mentioned in the GEORGIAN a few months back. My whole coven got together and ordered several robes apiece from Marion, and wow, are we impressed!

Not only does every robe fit perfectly and look great, but the workmanship is superb. We are all really pleased.

Marion sews in all kinds of materials, including silk. She will work on them at specified times if need be (for example, if you want your robe started in the waxing moon on the day and hour of Mercury). Her prices are also very reasonable, and she had our robes done in a jiffy.

She just moved to a lovely new home, and her new address is POB 24844, San Jose 95154; phone is 408/265-5180. It's okay to print those, by the way, she told me it was okay.

Hope yall are well down there in Bakersfield. We are busy as ever, but had a needed break in all the busy to celebrate Beltane by the Diana statue in Sutro Park in San Francisco. There were lots of lovely Craft folk there, from several different traditions -- Tower, Neo-Gardnerian, Fairy, Gardnerian, Eclectic, and more. Donna did the drumming for the ritual -- she has studied West African ritual drumming and is very good at it.

Although I am part of a Traditional coven, I also have been working with an open women's circle. These circles have gone very nicely -- some of the women there have a lot of experience in the Craft, while others are beginners. It looks like that group is going to turn into a coven some day -- other women are welcome, if you know of any who are looking.

Take care, and have a fertile May and June! Some of our Centre people are hoping to go to the Mountain Meet, so maybe you'll be seeing a San Jose contingent.

Blessed Be,
Valerie Voight
POB 9494
San Jose, CA 95257

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From UPI
In 1971, Edwin Robinson lost his vision and most of his hearing in a truck accident.
Four years ago he went into a yard to rescue a chicken during a thunderstorm, was struck by lightning and got sight and hearing back.
Robinson, of Falmouth, Maine, says both are fine now. He describes his vision as "20-20 plus".

* *

Well, here is the last page..and almost the last of the month... May 28...and I don't know what goes on this page. Everything else is all printed up.
Our Australian friends will be happy to know that Olivia Newton John has opened a store of some kind in the L.A. area...and one of the things for sale is VEGEMITE. Now,if they ever get up to the top part of the world, they won't have to go without.

Summer has arrived in Bakersfield. Temperatures have been running in the 90's...today was 105, and forecast tomorrow for about the same. Guess I'll just have to get up on the roof and get the big cooler working whether I feel like it or not. Today I have just the small cooler in the kitchen working, and a big fan in the dining room (office?). Not really too bad if I sit in front of the fan... without clothes. But who needs clothes anyway? First thing I do every day when I get home is take everything OFF. I hate clothes and shoes.
Too bad the furry children can't take off their fur coats.

Hope you guys will get busy and start writing. Fortunately this month we had a few things that were sent in advance. It always helps if there is a series or if someone sends several things at the same time.

Another Sabbat coming up so soon. When the weather starts getting hot like this, I'm glad we have air conditioning in the temple. So it's nice to work in the outdoor Circle..BUT...I think the ritual loses something if everyone is dripping with sweat and near heat exhaustion. We've had people come close to passing out a couple of times when we tried working outdoors in the heat.

So now I'm going to get this page printed and relax for the rest of the evening.

That's all, folks.

Love and Blessed Be!

Pat, Elizabeth and all the Georgians.

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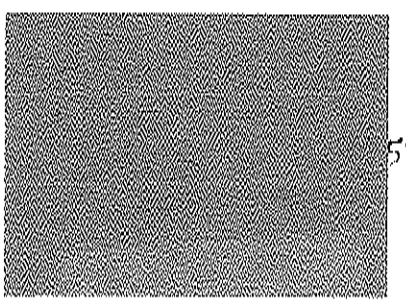

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